

# Simply Delish

## Salads & Starters



### Crudités

An assortment of delicious homemade dips with fresh crispy vegetables.

### Mini Tarts

Bacon, gruyere and mushroom  
Asparagus, goat cheese and parmesan  
Sundried tomatoes, feta and spinach  
Ham, broccoli and mozzarella

### Spinach Pie

Chopped spinach with gruyere, parmesan cheese and puffed pastry. A very popular crowd pleaser!

### Potato Croquette tray

Smashed potatoes prepared with parmesan cheese and spices. Shaped into bite size pieces, dipped in egg, bread crumbs and fried in canola oil. Served with homemade tomato sauce.

### Grilled Vegetable tray with choice of cheese.

An assortment of seasonal vegetables marinated in a balsamic, dijon mustard vinaigrette and grilled to perfection. Served with fresh mozzarella, goat cheese or blue cheese.

### Broccoli Salad

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Broccoli florets, bacon, cashews and cranberries tossed in a homemade mayonnaise dressing.

### Greek Salad

Feta, kalamata olives, cucumbers, tomatoes and lettuce served with a traditional Greek dressing.

### Spinach with strawberries and goat cheese Salad

Baby spinach salad served with strawberries, goat cheese and balsamic honey vinaigrette.

### Waldorf Chicken Salad

A delicious salad made with roasted chicken breast, walnuts, grapes and celery, tossed in a mayonnaise based dressing.

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## Entrees

### *Pastas*

#### Lasagna

Layered pasta made with three types of Italian cheese (ricotta, parmesan and mozzarella), sausage and San Marzano tomato sauce. ( This can be made in a lower fat version)

#### Lasagna Rollatine

Lower fat version made with spinach, part skim three Italian cheeses, and San marzano sauce. Still very yummy.

#### Turkey and Artichoke Stuffed Shells with Arrabbiata Sauce

Pasta shells stuffed with ricotta cheese, ground turkey, artichoke hearts and mozzarella. Finished in a marinara sauce made with red pepper flakes and pancetta.

#### Penne alla Vodka

Penne in a tomato based sauce with a hint of vodka, cream and parmesan cheese.  
Grilled chicken is an additional option.

### *Poultry*

#### Chicken Saltimbocca

Chicken seasoned with salt and pepper, dredged in flour and sauteed in a small amount of butter for taste. Topped with prosciutto and mozzarella and simmered until cheese melts.

#### Chicken Parmesan

Chicken seasoned with salt and pepper, dipped in egg, coated with bread crumbs and oven baked not fried. Covered with a homemade marinara sauce, fresh parsley and fresh mozzarella.

#### Lemon Garlic Chicken with Greek Potatoes

Chicken prepared with lemon, oregano, kalamata olives and feta cheese served with lemony Greek style potatoes.



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## Entrees

### *Beef*

#### Asian Grilled Flank Steak with vegetables

Flank steak marinated overnight in a five spice blend. Served with sauteed carrots, mushrooms and snow peas in a garlic ginger blend.

#### Stuffed Beef Tenderloin with Mushroom and Shallots

Beef tenderloin stuffed with mushrooms and shallots sauteed in a small amount of butter and red wine. This pair nicely with potato croquettes.

#### Tamale Pie

Perfect for a crowd. Lean ground beef sauteed in a pan with peppers, corn and Mexican spices. Mixed with Monterey Jack cheese and topped with cornbread.

### *Vegetarian*

#### Eggplant Rollatine

Eggplant sliced lengthwise dipped in egg and bread crumbs baked in the oven, not fried. Ricotta, mozzarella and seasonings folded with eggplant. Topped with fresh tomato sauce and mozzarella cheese then baked.

#### Chana Masala

Indian spiced chick peas in a tomato base sauce with onions and cumin seeds.

#### Lentil or Black Bean Chili

A lower fat alternative to the traditional meat based chili.

### *Seasonal Soups*

Soups vary upon the time of the year. Please call for current menu.



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## Breakfast

### Overnight Creme Brulee French Toast

Challah bread sits overnight in a mixture of Grand Manier, cream and brown sugar. The brown sugar caramelizes when baked in the oven. Delicious with fresh fruit.

### Muffin Tray with Fresh Baked Muffins

A variety of freshly made muffins. The list is endless.....blueberry coffeecake,cranberry walnut,pumpkin harvest,banana pecan chocolate chip,carrot spice,apple spice.

### Ham and Egg Breakfast Tart

A fancier version of ham and eggs. A freshly made tart shell with ham and eggs, sprinkled with parsley,green onion and parmigian cheese. Simply delicious!!

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*Please note that almost all dishes can be made in lower fat.*

*Call 603-566-3189 for prices and custom menu.*

*Catering Menu - Fall 2008 - Simply Delish*

